



The latest news and updates from Vibe Youth Service



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## Stop The Knives Ending Lives campaign wins the Youth Focus NW Award for Best Social Action Project

Knowsley Youth Cabinet's inspirational Stop the Knives Ending Lives campaign has won an award at a Zoom ceremony that celebrates the achievements of young people in the North West.

Winning the award in the Best Social Action Project category, the group of young people from Knowsley were celebrated by Youth Focus NW, an organisation dedicated to improving the lives of young people.

The campaign was launched earlier this year in response to the our Make Your Mark ballot, where the Youth Cabinet and Knowsley's young people voted that ending knife crime was the issue they felt was most important to be tackled.

# Youth Clubs are BACK!

In line with government guidance in March Vibe closed its doors, moving all sessions online. We have delivered a popular summer programme, and during our outreach sessions, the most-asked question... "When are youth clubs reopening". We are delighted to announce that from the 7th September our youth clubs are back open. Initially starting with five; Our Place, Knowsley Village, Bryer Road, Southdene and Northwood. We expect to open more youth clubs as the term progresses, and will share details of these on our website.

Pre-booking for youth clubs is essential and places are limited in line with restrictions.

**vibe**  
Youth Clubs are BACK!  
From 7th September onwards  
Check out our website for more details

Limited slots available

Pre-booking essential

Something for all of the family

More clubs reopening weekly

Each session will have a different theme including; card tricks, magic tricks, board games, life skills, PS4 competitions, dance activities, life skills like money management and cooking sessions, team building games, arts and crafts as well as pool and table tennis. Outdoor activities are weather dependent.

Visit: [vibeuk.org/events](https://vibeuk.org/events)  
Tel: 0151 443 5323

vibeuk.org

## Summer Programme Overview

The Vibe Summer Programme ran from 27 July - 28 August and included the Summer Camp, Mini Youth Clubs, Virtual Sessions and Street Based Youth Work. Key statistics include:

- 575 young people attended
- 242 young people spoke with our staff during our street based sessions
- 90 young people who were shielding met virtually
- 76.4% of young people pre-booked onto summer camps
- **100% satisfaction rate with 35.48% of young people saying we met their expectations and 64.52% saying we exceeded expectations**





Whether it's a place to build on their skills, take part in an accredited course in RYA dinghy sailing or British Canoeing paddle sport – or if they want to embark upon an award programme such as the Duke of Edinburgh Award, Lord Derby Award, and Prince's Trust Achievement Award – the Vibe Outdoors team can offer fantastic opportunities to help young people to build their confidence and feel positive about themselves both at our centre or your school.

## Positive Vibes

Positive Vibes is a five week project, designed to work with young people aged 10-16 who are at risk of criminal activity and violence.

Our aim is to advance the wellbeing and prospects of the young people who attend. By taking part in the programme, young people will build learning and resilience to make positive life choices beyond the programme.

The programme involves Total Commitment Training, Neuro-Linguistic Programming, and Consequences of Choice sessions, as well as team working, goal-setting, confidence building, and setting personal challenges.

It is underpinned by the Vibe Theory of Change, supporting young people to develop their relationships over four levels. Each participant will be directly supported by a Vibe Youth Worker as a mentor, who will undertake the journey alongside them.

Contact [andy.raywood@vibeuk.org](mailto:andy.raywood@vibeuk.org) for more information.

Team building and land based activities can be delivered in your school throughout the autumn term. For more information email [andy.raywood@vibeuk.org](mailto:andy.raywood@vibeuk.org)



# Vibe Programmes



## Knowsley Youth Cabinet

**Day** 1st and 3rd Wednesday of each month

**Time** 5:30pm - 7:30pm

**Location** - Our Place (Currently on Google Meet)

**Age** 11 - 18

**Who is it for** Anyone! Knowsley Youth Cabinet might interest young people who enjoy politics, being involved in the community or are passionate about making a difference. We have lots of fun while tackling important issues.

**How to join** No referral needed, simply call, text or email [Helen McGorrin](mailto:helen.mcgorrin@vibeuk.org) - [helen.mcgorrin@vibeuk.org](mailto:helen.mcgorrin@vibeuk.org) / 07867503745

**About us** Knowsley Youth Cabinet is an inclusive group of young people who work together to create positive change in Knowsley! They get involved in discussions and debates, create campaigns, take part in consultations and network with other young people from all over the North West. They work with local decision makers and partners to represent the youth voice in Knowsley.

## Be Yourself

**Day** Every Tuesday

**Time** 6:00pm - 8:00pm

**Location** - Westvale (Currently on Google Meet)

**Age** 11 - 18

**Who is it for** Young people who identify themselves within the LGBTQIA+ community

**How to join** No referral needed, simply call, [text or email Jason Cole](mailto:jason.cole@vibeuk.org) - [jason.cole@vibeuk.org](mailto:jason.cole@vibeuk.org) / 07917596095 for a chat beforehand

**About us** Be Yourself is a safe space for young people in the LGBTQIA+ community to come together and make new friends, have fun, learn and explore LGBTQIA+ issues. We enjoy getting involved in creative activities like music and art but also encourage time to chill and talk.



# Vibe Programmes



## Elevate

**Day** Every Thursday

**Time** 6:00pm - 8:00pm

**Location** Our Place (Currently on Google Meet)

**Age** 14 - 17

**Who is it for** Young people who are ready to challenge themselves, want to gain new skills and build relationships.

**How to join** Next recruitment date TBC, however if this project is something you would like to commission for your own cohort please contact [Joanne Benbow - joanne.benbow@vibeuk.org](mailto:joanne.benbow@vibeuk.org)

**About us** Elevate is a year long personal development programme that takes young people on a journey of self discovery. The programme starts with a residential, to task and challenge the group all while learning new skills in leadership, team work, problem solving and resilience. Returning from the residential the group will help shape their own programme, gain life skills, build relationships and work with the community to become active citizens.

## Vibe Individual Needs Club (INC)

**Day** Every Friday

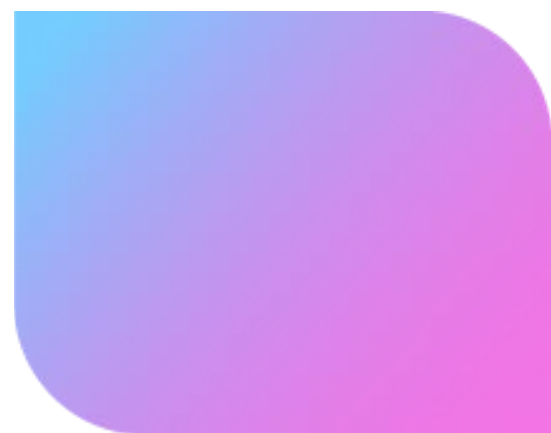
**Time** 4.45pm - 7.15pm

**Location** Our Place (Currently on Google Meet)

**Age** - 12 - 25 with SEND

**How to join** To make a referral for a young person to attend this club, please email [charlotte.brookes@vibeuk.org](mailto:charlotte.brookes@vibeuk.org), (or download PDF referral form from Vibe website)

**About us** INC is a youth club for young people aged 13 to 25 years with special educational needs and disabilities, providing young people with an opportunity to socialise, learn new skills, improve their wellbeing and have fun. INC members have a variety of needs including moderate or severe learning difficulties, physical disabilities, autism (ASC), epilepsy, cerebral palsy, hearing impairment and visual impairment.



# Vibe Programmes



## Community Ambassador Project (CAP) - Stockbridge Action Youth (SAY)

**When** Fortnightly on a Wednesday (2nd and 4th of each month)

**Time** 5.30pm - 7.00pm

**Location** The Community Hub, Stockbridge, L28 1NN

**Age** 8 - 19

**How to join** contact [charlotte.brookes@vibeuk.org](mailto:charlotte.brookes@vibeuk.org) or [helen.mcgorrin@vibeuk.org](mailto:helen.mcgorrin@vibeuk.org) complete a VIBE and ForHousing registration form ahead of joining.

**About us** SAY's focus is to provide a platform for young people to inform what is needed in their community. Group members are residents from the Stockbridge area who work together to promote youth voice, community consultation, fundraise and complete social action projects to improve their area. This project is funded by ForHousing in partnership with Clarion Futures.

## Vibe Recharge

**When** TBC

**Time** proposed to be: Junior group, 5.00pm - 6.30pm, Senior group 7.00pm - 9.00pm

**Location** Recharge can be delivered at the commissioning venue or hosted by Vibe

**Age** Junior age 10-13, senior age 14 - 18.

**How to join** to register your interest in commissioning your own cohort, please contact [charlotte.brookes@vibeuk.org](mailto:charlotte.brookes@vibeuk.org) or [helen.mcgorrin@vibeuk.org](mailto:helen.mcgorrin@vibeuk.org).

**About us** Recharge is a twelve week project focusing on developing the mental health and wellbeing of young people through a programme of engaging physical activities, opportunities to learn new skills, explore mindfulness and be supported to reflect, improving their mental wealth.



# Targeted Programmes

## Meet The NEET Team

The Vibe NEET project is commissioned by the KMBC 16-19 team to support young people who are identified as NEET. Referrals are managed through the KMBC Tracking team. We use our organisational skill set to build empathic relationships with hard to reach young people and their families, to gain invaluable insight on hidden barriers and historical experiences that have caused them to disengage.

Our NEET White paper, discussing the impact if lock down will be available in October on the Vibe website.



To speak to our NEET Team about support for a young person, please email [lyn.pye@vibeuk.org](mailto:lyn.pye@vibeuk.org)

## THiNK

THiNK was designed as an overall approach to young people's health and wellbeing. This includes issues such as mental health, sexual health, healthy eating, or child exploitation.

We work with secondary schools in Knowsley, supporting the school nurses in a weekly 'drop in' where young people can come and access support and signposting in a confidential setting.

Our role is to welcome and sign in young people, offer support or answer questions and provide signposting and any extra information if required. The THiNK website has been designed to give young people one place where they can turn to seek help, information, and get the support they need.

If you'd like the THiNK Team to be part of your school email [jason.cole@vibeuk.org](mailto:jason.cole@vibeuk.org)

# THiNK.



# Targeted Programmes



## Step Forward

Step Forward is a 1:1 programme.

It is a bespoke intervention project which addresses young people's individual needs.

**The project is accessed by referral using the KMBC Early Help System.**

The programme is designed to establish a positive relationship with the young person, enabling them to reflect on their current situation and work towards addressing any personal identified issues or needs. Step Forward places an emphasis on youth work principles to bring about positive change in young people's behaviours and situations through a structured series of person-centred experiences.

## RSE ASDAN

The Relationship and Sex Education (RSE) ASDAN is the Award Scheme Development and Accreditation Network which provides engaging curriculums for students to grow and learn.

Vibe RSE ASDAN students follow the ASDAN syllabus which puts their knowledge of healthy relationships, staying safe, negotiating risk-taking behaviour along with other key important aspects of teen development to test whilst learning in a fun, thought-provoking and challenging environment with Vibe's experienced practitioners.

If you'd like to know more about Vibe's RSE ASDAN delivery, email [jason.cole@vibeuk.org](mailto:jason.cole@vibeuk.org)



# Contact Us

## For more information on:

### Stop the Knives Ending Lives

e: [helen.mcgorrin@vibeuk.org](mailto:helen.mcgorrin@vibeuk.org)

w: <https://vibeuk.org/knowsley-youth-cabinet>

### Vibe Outdoors

e: [andrew.raywood@vibeuk.org](mailto:andrew.raywood@vibeuk.org)

w: <https://vibeuk.org/outdoors>

### Open Access Youth Clubs

e: [info@vibeuk.org](mailto:info@vibeuk.org)

w: <https://vibeuk.org/events>

### Programmes

e: [charlotte.brookes@vibeuk.org](mailto:charlotte.brookes@vibeuk.org) | [helen.mcgorrin@vibeuk.org](mailto:helen.mcgorrin@vibeuk.org) | [jason.cole@vibeuk.org](mailto:jason.cole@vibeuk.org)

w: <https://vibeuk.org/programmes>

### THinK and RSE ASDAN

e: [jason.cole@vibeuk.org](mailto:jason.cole@vibeuk.org)

w: <https://www.thinkknowsley.co.uk/>

### General Enquiries

e: [hello@vibeuk.org](mailto:hello@vibeuk.org)

w: <https://vibeuk.org>

If you would like to fundraise to keep our open access sessions free to attend for all young people:

e: [joanne.benbow@vibeuk.org](mailto:joanne.benbow@vibeuk.org)

w: <https://vibeuk.org/donate>